

Iowa Department of Human Services

Offer #401-HHS-006: Juvenile Facilities

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This offer includes the following appropriations:

State Training School, Iowa Juvenile Home, General Administration

Program Description:

Who:

Youth served by the State Training School at Eldora (STS) and the Iowa Juvenile Home at Toledo (IJH) have special needs and have experienced multiple prior out-of-home placements.

By statute, these facilities are used only when other placements have been tried and found to be inappropriate or ineffective and are often a “last chance” for these children to gain essential academic, social, living and vocational skills that will enable them to redirect their lives.

SFY 2010 average age at admission is shown in the table below.

SFY 2010 Average Age at Admission (years)

| Program | Eldora | Toledo |
|-------------|--------|--------|
| Delinquent | 16.55 | 16.10 |
| CINA Female | - | 15.60 |
| CINA Male | - | 14.60 |

Data in the table below indicates that many youth need special education as well as treatment for substance abuse and mental health issues.

Youth Characteristics

| Characteristic | SFY 2009 | | SFY 2010 | |
|---|----------|--------|----------|--------|
| | Eldora | Toledo | Eldora | Toledo |
| % needing special education | 51% | 62 % | 58% | 73% |
| % needing substance abuse treatment | 72% | 54% | 56% | 45% |
| % requiring psychotropic medication | 33% | 78% | 38% | 67% |
| % with low intellectual functioning (< 80 IQ) | 30% | 20% | 40% | 18% |

What:

The State Training School for Boys at Eldora is a 167-bed facility serving delinquent males ages 12-18. The Iowa Juvenile Home (IJH) at Toledo is a 77-bed facility serving delinquent females and male and female children in need of assistance ages 12-18.

The State Training School and the Iowa Juvenile Home provide highly structured, restrictive environments to assist pre-teens and teenagers who are adjudicated as delinquents or children in need of assistance. The structure places these students into a situation which facilitates their attention and maximizes their opportunity to learn while the comprehensive array of services ensures that behavioral or psychological needs can be addressed. These facilities are an integral part of the Child Welfare/Juvenile Justice service delivery systems.

SFY 2010 data is shown in the table below. Toledo beds are utilized based on need with about 20 beds used for the delinquent population.

| | SFY 2009 | | | SFY 2010 | | | SFY 2011 (est) | | |
|---|----------|--------|------------|----------|--------|------------|----------------|--------|--------------|
| | Eldora | Toledo | Total | Eldora | Toledo | Total | Eldora | Toledo | Total |
| Operational beds | 189 | 84 | 273 | 167 | 77 | 244 | 167 | 77 | 244 |
| Total youth served | 467 | 191 | 658 | 409 | 196 | 605 | 365 | 206 | 571 |
| Average daily census | 159 | 72 | 231 | 142 | 76 | 218 | 140 | 74.1 | 214.1 |
| Admissions | 195 | 84 | 279 | 167 | 76 | 243 | 149 | 96 | 245 |
| 30 day court ordered evaluations | 95 | 42 | 137 | 87 | 41 | 128 | 86 | 60 | 146 |
| Discharges | 212 | 81 | 293 | 195 | 80 | 275 | 185 | 96 | 281 |

The number of beds available at Eldora and Toledo are directly impacted by the appropriation received. Reduced funding and demand in SFY 2010 resulted in a decrease of 22 beds at Eldora. Reduced funding in SFY 2010 resulted in a decrease of 7 beds at Toledo.

Average length of stay data for SFY 2008 – SFY 2010 is shown in the table below.

Average Length of Stay (months)

| Program | SFY 2008 | | SFY 2009 | | SFY 2010 | |
|-------------|----------|--------|----------|--------|----------|--------|
| | Eldora | Toledo | Eldora | Toledo | Eldora | Toledo |
| Delinquent | 8.1 | 8.2 | 8.2 | 5.9 | 9.2 | 4.9 |
| CINA Female | --- | 9.8 | --- | 8.2 | --- | 7.4 |
| CINA Male | --- | 8.5 | --- | 8.7 | --- | 6.2 |

Discharges and placement settings to which youth were discharged are shown in the table below.

SFY 2010 Discharge/Placement Settings

| Discharges to | Eldora | | Toledo | | Total | |
|---------------------------------------|---------------|------|---------------|------|--------------|------|
| Home | 158 | 81% | 27 | 34% | 185 | 67% |
| Relative's Home | 19 | 10% | 3 | 4% | 22 | 8% |
| Family Foster Home | 1 | 0.5% | 17 | 21% | 18 | 7% |
| Group Care | 0 | 0% | 9 | 11% | 9 | 3% |
| Shelter / Detention | 0 | 0% | 13 | 16% | 13 | 5% |
| Hospital / Mental Health Institute | 0 | 0% | 4 | 5% | 4 | 1% |
| Jail / Prison / State Training School | 4 | 2% | 3 | 4% | 7 | 3% |
| Supervised Apartment Living | 13 | 6.5% | 4 | 5% | 17 | 6% |
| Total | 195 | 100% | 80 | 100% | 275 | 100% |

Eldora: The State Training School offers a behavioral program that seeks to transition male delinquents from criminal behavior into goal-oriented, productive citizenship and also performs evaluation services for Juvenile Court officers and judges. The STS offers specialized treatment services to sex offender youth as well as intensive substance abuse treatment. The STS received American Correctional Association accreditation in 2009 and uses ACA standards to monitor its programs and improve living conditions. Eldora is a fully comprehensive 24/7 residential treatment program providing a variety of educational, psychological, psychiatric and behavioral programs. Students can receive their GED, high school diploma and college credits in addition to vocational certifications. They can receive treatment in substance abuse, sex offender issues, grief and loss, anger management, gang diversion and basic social skills and behavior modification. As a 24/7 facility the students and their needs and behaviors are constantly monitored and addressed in a safe and secure environment.

Toledo: The Iowa Juvenile Home offers a behavioral program that emphasizes student strengths and uses gender-specific programming. The facility utilizes a behavior-modification program (Positive Behavioral Supports, or PBS) to change juveniles' behavior, improve resident and staff safety, develop social skills, and enhance academic achievement. The IJH operates 24/7 and provides a comprehensive array of educational, skill building and treatment services to meet the individualized needs of the students. Services include assessment, counseling, and treatment for substance abuse; remedial, vocational, general, special, and post secondary education; job readiness; activity and social skill building. In addition, medical, psychiatric and psychological needs are addressed through medication management, counseling, trauma care, testing and assessment.

How:

Service Delivery

Staff provide highly structured services to assist youth to become successful.

Eldora: The State Training School has a total of 176.30 staff (FTEs) in SFY 2011 with salaries of approximately \$11.6 million.

Toledo: The Iowa Juvenile Home has a total of 110.0 staff (FTEs) in SFY 2011 with salaries of approximately \$7.5 million.

The FTEs at both facilities have decreased 9% since 2009 with the State Training School reducing from 193 in SFY 2009 to 176 in SFY 2011 and the Iowa Juvenile Home reducing from 120.83 in SFY 2009 to 110 in SFY 2011. In 2010, fifteen STS and nine IJH employees took advantage of the State Employee Retirement Incentive Program. Eldora was able to backfill seven positions and IJH four positions.

Service Support

Each facility receives technical assistance and guidance from staff in General Administration regarding corporate oversight and program support, financial accountability, infrastructure, legal services, and information technology.

Results Achieved:

| Result: | Facility | SFY 2009 Actual Level | SFY 2010 Actual Level | SFY 2011 Projected Level | SFY 2012 Offer Level |
|--|----------|--------------------------|--------------------------|-----------------------------|-------------------------|
| Reading Academic Achievement (Percent of students who showed improvement from Pre- to Post-test, which occurs at admission and discharge) | STS | 57% | 74% | 59% | 60% |
| | IJH | 51% | 51% | 53% | 54% |
| Math Academic Achievement (Percent of students who showed improvement from Pre- to Post-test, which occurs at admission and discharge) | STS | 67% | 68% | 67% | 68% |
| | IJH | 54% | 40% | 56% | 57% |
| Percent of youth who were readmitted after a discharge from the facility | STS | 16% | 16% | 16% | 16% |
| | IJH | n/a | 16% | 17% | 17% |

Sustaining service delivery assumes the level of funding requested in the offer as well as full funding of salary adjustment. If funding is insufficient in either area, results to be achieved will need to be modified to reflect the impact.

To sustain existing services and growth in programs this offer assumes that status quo as well as all one-time funding such as the cash reserve fund, underground storage tank fund and government stabilization and stimulus dollars are fully replaced. If these dollars are not available in SFY 2012, there will be significant program reductions and negative impacts such as elimination of services, disenrollment of clients, implementation of wait lists and the possible closure of facilities. If funding is insufficient, results to be achieved will be modified to reflect the impact. The lack of backfilling these one-time funds will also mean reductions in service delivery.

Impact of Proposed Budget on Results:

Current Results:

Youth are court ordered to these facilities. The STS unit at Eldora receives male adjudicated delinquent youth. The STS unit at Toledo receives female adjudicated delinquent youth. The IJH receives male and female Children in Need of Assistance.

Eldora: The State Training School is receiving a high number of youth who have significant mental health challenges, felony or high-grade misdemeanor adjudications, and special education needs, especially due to low intellectual functioning. The mental health issues of this population of youth, along with their level of intellectual functioning and aggressive behaviors, present unique management and treatment issues.

Toledo: The STS/Iowa Juvenile Home serves children whose needs cannot be effectively addressed by community-based service providers. A majority of the youth has had a previous mental health care placement and their psychiatric needs require a high degree of individualized treatment. The population is increasingly characterized by multiple deficits and extreme emotional disturbance. Specialized treatment programs are needed to provide the necessary care and treatment that these youth need.

This offer includes funding to sustain current services provided by the juvenile facilities to meet the needs of the current profile of youth served.

Legal Requirements:

The State Training School (STS) is established in Chapter 233A of the Code of Iowa to provide to juvenile delinquents a program which focuses upon appropriate developmental skills, treatment, placements, and rehabilitation. The STS is made up of the unit for boys at Eldora and the unit for delinquent girls at Toledo. The Iowa Juvenile Home (IJH) is established in Chapter 233B of the Code of Iowa for the purpose of providing care, custody, and education of the children committed to the home at Toledo.